



# ADVANCED COURSE ON COUNSELLING & AYURVEDA PSYCHOTHERAPY

## Focal theme - RELATIONSHIP

9 Days Online program

DATE : 15/01/2024 to 25/01/2024

Total 14 hours

Kottakkal Ayurveda School of Excellence (KASE), a school committed to offering continued, innovative and practical education in Ayurveda, is conducting an online certificate program on Advanced Course on Counselling and Ayurveda Psychotherapy with **focal theme- RELATIONSHIP**.

### OBJECTIVES

- ◆ To foster deeper insights into human relationships encompassing relationship psychology, marital counselling, pre-parenting counselling and infertility counselling.
- ◆ To better understand the psychological aspects of homosexuality and transgender identity
- ◆ To develop skill and confidence in managing psychological and psychiatric issues in relationships
- ◆ To understand the legal aspects in relationship
- ◆ To gain a deep understanding and mastery of Ayurvedic principles in psychotherapy



### HIGHLIGHTS

- ◆ Perspectives on relationship psychology and its clinical application
- ◆ Special emphasis on human 'sexual diversity'
- ◆ Effective case taking in relationship psychology
- ◆ Interactive lectures along with training on basic skills related to Ayurveda psychotherapy and counselling

### ELIGIBILITY

Ayurveda graduates undergone CAP / CAPC / CSM / FCCAP conducted by KASE or any post-graduation related to Counselling

APPLY ONLINE: <https://www.kottakkalayurvedakase.com/courses>

### CONTACT US:

Director, KASE,  
Kottakkal Ayurvedic Studies and Research Society,  
VPSV Ayurveda College Campus,  
Edarikode PO, Malappuram, Kerala, India - 676501  
Email : kasekottakkal@gmail.com  
Contact +91 6238155055, 0483 2751874  
[www.kottakkalayurvedakase.com](http://www.kottakkalayurvedakase.com)



**+91 6238155055**  
**0483 2751874**



# ADVANCED COURSE ON COUNSELLING & AYURVEDA PSYCHOTHERAPY

## Focal theme - RELATIONSHIP

9 Days Online program

DATE : 15/01/2024 to 25/01/2024

Total 14 hours

### FACULTY



15/01/2024

7 pm to 8.30 pm

**Dr M V Vinodkumar**

Professor & HOD,  
VPSV Ayurveda College, Kottakkal

Relationship psychology  
and gender implication



20/01/2024

7pm to 9pm

**Dr Pratibha P Nair**

Assistant professor,  
VPSV Ayurveda College, Kottakkal  
Uneventful transition from adolescent to adult  
& Case taking and assessment methods

25/01/2024

7 pm to 8.30 pm

Ayurveda psychotherapy



16/01/2024

7 pm to 8.30 pm

**Dr Preetha PV**

Senior Medical Officer,  
GAD, Ezhom, Kannur

Approaches towards  
human Sexuality



22/01/2024

7 pm to 8.30 pm

**Dr Jayanthi Vijayan**

Medical officer,  
ISM Department, Palakkad  
Pre-parenting Counselling

18/01/2024

7 pm to 8.30 pm

Marital counselling  
& legal aspects



23/01/2024

7 pm to 8.30 pm

**Dr Susmitha Chandran**

Chief Ayurveda Consultant  
at Kerala Ayurveda Private Ltd

Psychological & Psychiatric  
issues affecting marriage



19/01/2024

7 pm to 8.30 pm

**Dr Shabu K**

Senior Medical officer,  
ISM Department, Thrissur

Approaches towards divorce, separation,  
chronic illness and death of a spouse



24/01/2024

7 pm to 8.30 pm

**Dr Aparna P M**

Manasika-specialist,  
Government Ayurveda Research  
Institute For Mental Health  
& Hygiene, Kottakkal

Infertility Counselling

**REGISTER NOW**  
**LIMITED SEATS**  
**AVAILABLE**