AYUSH ATAB Certified

ADVANCED COURSE IN SMRITI MEDITATION (CSMA)

13 DAYS ONLINE PROGRAM FOR AYURVEDA GRADUATES ORGANISED BY KASE

HIGHLIGHTS

- * Sharpening the practical skills of Smriti Meditation
- * Awareness of subtle aspects of Smriti
- * Improves your counselling skills at therapeutic level
- * Better insight into the management of selected conditions

Kottakkal Ayurveda School of Excellence (KASE), a school for continuing, innovative and functional education in Ayurveda, organises the Seventh batch of advanced course in Smriti Meditation, a guided interactive therapeutic meditation based on Ayurvedic psychotherapy

offered by KOTTAKKAL AYURVEDA SCHOOL OF EXCELLENCE

(VPSV Ayurveda College Campus, Kottakkal)

In collaboration with

SMRITI MEDITATION RESEARCH INSTITUTE FOR THERAPEUTIC INNOVATIONS (SMRITI)

SCHEDULE

ELIGIBILITY

7:30pm - 10pm Mode of course: Online

20th May - 01st June, 2024

Medical graduates who completed basic course of Smriti Meditation



Prof (Dr) Dilipkumar K V

Chairman, SMRITI Institute, Former Professor, Vaidyaratnam PS Varier Ayurveda College, Kottakkal, Kerala



Dr Muhammed Safeer P I

Administrative officer. Smriti Institute



Dr. Hari T

Medical Officer, GAD, Edappal, Malappuram



Dr Adithya K S

Ayurveda Psychiatrist & councellor



SMRITI MEDITATION RESEARCH INSTITUTE FOR THERAPEUTIC INNOVATIONS (SMRITI)



KOTTAKKAL AYURVEDA SCHOOL OF EXCELLENCE (KASE)



Registration now open! Limited seats only



Dr Preetha P V

Senior Medical Officer. GAD, Ezhom, Kannur



Dr Seetha Chandran

Chief Physician Dr. Seetha's Niramaya Ayurgramam Kozhikode



Dr Nyshu Abdul Azeez

Senior Ayurveda consultant Nirva Health



Dr. Thushara Sureshkumar

Specialist Medical Officer Manasikam ACSMACACC, Purakkattiri



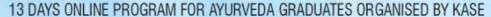
Director KASE

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FACULTY





ADVANCED COURSE IN SMRITI MEDITATION (CSMA)



FACULTY



Prof (Dr) Dilipkumar K V

20/05/2024 MONDAY

07:30PM - 08:45PM
INTRODUCTION TO THE ADVANCED COURSE
ON SM AND EXPERIENCE SHARING
08:45PM - 10:00PM
FEEDBACK ON SM PRACTICE AND
EXPERIENCE SHARING

2024 MAY 22.26.30

07:30PM - 10:00PM GROUP PRACTICE

21/05/2024 TUESDAY

07:30PM - 10:00PM VIDEO DEMONSTRATION OF SM WITH EXPLANATION AND SKILL DEVELOPMET IN SMRITI

2024 MAY 23,27,31

07:30PM - 10:00PM CASE REPORTING

24/05/2024 FRIDAY



07:30PM - 10:00PM

RELEVANCE OF MENTAL STATUS

EXAMINATION IN SM & ROLE OF SM IN

TRAUMA AND STRESS RELATED DISORDERS



Dr.Thushara Sureshkumar 07:30PM - 08.45 PM ROLE OF SM IN CHILD PSYCHIATRY



Dr Muhammed Safeer P I
08:45PM - 10:00PM
ROLE OF SM IN ENDOCRINE DISORDERS



28/05/2024 TUESDAY

Dr Preetha P V 07:30 - 10:00 PM PERSONALITY DISORDER



29/05/2024 WEDNESDAY

Dr Nyshu Abdul Azeez

07:30PM - 08.45 PM

SM IN INSOMNIA



29/05/2024 WEDNESDAY

Dr Adithya K S
08:45PM - 10:00PM
SM IN SOMATIC SYMPTOMS
AND RELATED DISORDERS



O1/06/2024 SATURDAY

Dr Seetha Chandran

07:30PM -08.45 PM

ETHICAL GUIDELINES IN SM

Apply online: https://www.kottakkalayurvedakase.com/courses

HELP DESK

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- kasekottakkal@gmail.com

