

ATAB Accredited

Batch 2

CERTIFICATE COURSE ON AYURVEDIC SPORTS MEDICINE (CASM)

An integrated Hybrid Program for Ayurveda graduates organized by KASE



A school for continuing, innovative and functional education

An initiative of KASRS

KOTTAKKAL AYURVEDA SCHOOL OF EXCELLENCE
(VPSV Ayurveda College Campus, Kottakkal)

In today's fast-paced world, Ayurveda, with its time-tested principles, offers a holistic approach to sports medicine by integrating physical fitness, mental well-being, and performance enhancement. Centered on prevention, personalized care, and rehabilitation, it combines natural remedies, diet, lifestyle practices, and therapeutic interventions to build lasting resilience. This course introduces participants to the principles of Ayurvedic sports medicine, equipping them with practical knowledge, clinical insights, and hands-on training. It empowers healthcare professionals to deliver comprehensive wellness solutions that address the evolving needs of a dynamic and active population.



Four days of hands on training ending on the final day



**2 online classes per week
Expert-led sessions
Self learning modules
Interim assessments**



28th October to
04th December 2025
7 PM to 9 PM (Online)
9 AM – 4 PM (Offline)

**Limited
Seats
only**

!! HURRY !!
Registration now open !
First come first serve!

Mode of program: Hybrid

Apply Online: <https://www.kottakkalayurvedakase.com/course>



**+91 6238155055
0483 2751874**



CONTACT US:

Director KASE
Kerala Ayurvedic studies and Research society
VPSV Ayurveda College campus, Kottakkal
Edarikode PO, Malappuram, Kerala, India 676501
Email: kasekottakkal@gmail.com
Contact: +916238155055, 0483-2751874
www.kottakkalayurvedakase.com

CERTIFICATE COURSE ON AYURVEDIC SPORTS MEDICINE (CASM)



FACULTIES



DR C SURESH KUMAR MD, PhD
Managing Director & Chief physician,
Triveni nursing home Vanchiyoar,
Thiruvananthapuram



DR N V SREEVATHS MD (Ayu)
Consultant Ayurvedic Orthopaedician
Marma Specialist (Retd)
DISM, Kerala



DR MATHEWS VEMPILLY MD (Ayu)
Founder and Chief Consultant
(Orthopaedics)
Vempilly Ayurveda Hospital
Nagapuzha



DR REJANI HARIDAS MD (Ayu)
HOD and Professor
Department of Salyatantra
V P S V Ayurveda Coleege,
Kottakkal



DR SUNITA P V MD (Ayu)
Professor
Department of Salyatantra
V P S V Ayurveda College
kottakkal



DR VINURAJ S MD (Ayu)
Associate Professor
Government Ayurveda College
Kannur



DR PREETHA PR MS (Ayu)
Senior Medical Officer (Marma)
Kerala Institute of Sports
Ayurveda & Research (KISAR)
Thrissur



DR RAJESH S MS (Ayu)
Senior Medical Officer
District Ayurveda Hospital
Alappuzha



DR KISHOR R MS (Ayu)
Assistant Professor
Department of Salyatantra
V P S V Ayurveda Coleege,
Kottakkal



DR MAHALAKSHMI VS MS (Ayu)
Assistant Professor
Department of Salyatantra
V P S V Ayurveda Coleege,
Kottakkal



DR GIKKU ELIAS BENNY MS (Ayu)
Chief consultant
Vettukattil Ayurveda Hospital
Muvakupuzha



DR ALEX K ABRAHAMMS (Ayu)
Specialist Medical Officer (NAM)
Government Ayurveda Hospital (GAH)
Ayoor



DR SNEHA ANNE TITUS MD (Ayu)
Specialist MO Manasikam
Kerala Institute of Sports
Ayurveda & Research (KISAR)



DR ARUN RAJENDRAN
BAMS, BPT CMP, MA (HS)
Sports Ayurveda Medical Officer (NAM)
District Ayurveda Hospital Thodupuzha,
Idukki



DR TINU GEORGE PT
MPT Neuro,
CSPRS, CDNT, CSTMT, MIAP
Founder Director MISSION REHAB



MOHAMED ARSHAD
Clinical prosthetist & orthotist
Ottobock health care
Kochi



Dr Shiji P K MS (Ayu)
Medical Officer (H/G1)
GAD KANDASSAMKADAVU
ISM Department
THRISSUR

Four days of hands
on training ending
on the final day



2 online classes per week
Expert-led sessions
Self learning modules
Interim assessments

Limited
Seats
only

!! HURRY !!
Registration now open !
First come first serve!



28th October to
04th December 2025
7 PM to 9 PM (Online)
9 AM – 4 PM (Offline)

HELP DESK

+91 6238 155 055, 0483 2751874

kasekottakkal@gmail.com



Kerala Ayurvedic Studies & Research Society (KASRS),
VPSV Ayurveda College Campus, Kottakkal, Edarikode PO,
Malappuram, Kerala, India 676 501