

ATAB Accredited

Batch 2

CERTIFICATE COURSE ON AYURVEDIC SPORTS MEDICINE (CASM)

An integrated Hybrid Program for Ayurveda graduates organized by KASE



A school for continuing, innovative and functional education

An initiative of KASRS

KOTTAKKAL AYURVEDA SCHOOL OF EXCELLENCE
(VPSV Ayurveda College Campus, Kottakkal)

In today's fast-paced world, Ayurveda, with its time-tested principles, offers a holistic approach to sports medicine by integrating physical fitness, mental well-being, and performance enhancement. Centered on prevention, personalized care, and rehabilitation, it combines natural remedies, diet, lifestyle practices, and therapeutic interventions to build lasting resilience. This course introduces participants to the principles of Ayurvedic sports medicine, equipping them with practical knowledge, clinical insights, and hands-on training. It empowers healthcare professionals to deliver comprehensive wellness solutions that address the evolving needs of a dynamic and active population.



Four days of hands on training ending on the final day



**2 online classes per week
Expert-led sessions
Self learning modules
Interim assessments**



28th October to
04th December 2025
7 PM to 9 PM (Online)
9 AM - 4 PM (Offline)

**Limited
Seats
only**

!! HURRY !!
Registration now open !
First come first serve!

Mode of program: Hybrid

Apply Online: <https://www.kottakkalayurvedakase.com/course>



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0483 2751874**



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CERTIFICATE COURSE ON AYURVEDIC SPORTS MEDICINE (CASM)



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Triveni nursing home Vanchiyoar,
Thiruvananthapuram



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Consultant Ayurvedic Orthopaedician
Marma Specialist (Retd)
DISM, Kerala



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Government Ayurveda Hospital (GAH)
Ayoor



DR SNEHA ANNE TITUS MD (Ayu)
Specialist MO Manasikam
Kerala Institute of Sports
Ayurveda & Research (KISAR)



DR ARUN RAJENDRAN
BAMS, BPT CMO, MA (HS)
Sports Ayurveda Medical Officer (NAM)
District Ayurveda Hospital Thodupuzha,
Idukki



DR TINU GEORGE PT
MPT Neuro,
CSPRS, CDNT, CSTMT, MIAP
Founder Director MISSION REHAB



MOHAMED ARSHAD
Clinical prosthetist & orthotist
Ottobock health care
Kochi

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HELP DESK

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